

# "One day you finally knew what you had to do, and you began" ~ Mary Oliver

Welcome! It is an honour to connect with you. My name is Gabrielle Walker and my core dharma in this lifetime is to facilitate energetic expansion.

Energy is an intimate language that is essential to learn on our energetic journey; an essential and valuable tool that can require training, discipline, and devotion to engage with on an intimate and masterful level.

I arise from a lineage of shaman and seers " tohunga matakite from Aotearoa, New Zealand. I have been guided by my tiipuna" ancestors and kaitiaki" guardians and living teachers on a lifetime quest to trust, understand, and translate our traditional teachings to our contemporary life.

The vibration I bring to our time together is earthy, conscious, expansive, divinely feminine, and a spiritual rebel. My purpose is to hold space for opening, activation, and mentoring that is customised to suit your personal spiritual journey.

## How do we co-create together?

This is a ceremonial journey from the head to the heart, or as we say, the *whatu manawa* " the sacred heart. There are many dimensional chambers in our heart that allow us to shift from seeking externally, to understanding your own energy intimately, and being able to apply this in all areas of your life.

You have found your way here because you realise you are ready for a conscious shift, yet you are unsure how to make this shift alone.

In order to voyage through a full transformation, I create a unique program for you based on your needs. Transformation is most successful when an individual (you!) is ready to separate from stagnant behaviours, undertaking a safe exploration within a sacred and intimate space.

Feeling called to this energy work is a deep dive into expanding your understanding of what it means to be a human BE-ing. This journey can be deep and tumultuous at times.

I combine *romiromi* " energy work, intuition and a coaching model of liminal transformation that has been a core element of my consulting work and Master's thesis. Lomilomi training, meditation and extensive study also influence my practice.

Your energy will facilitate a sacred co-creation that is unique to you.

#### Individualised attention

Our time together is individualised. If you are here it is likely you are spiritual, connected, powerful and desire to fully integrate your heart calling into your life. I adjust programs to incorporate how your individual energetic language expresses itself.

We decide together where you would like to focus your intention for our time together.

We create a sacred and intimate space where your sacred knowing and vision arises to be integrated into your everyday experience.

The first, and often second, session focuses on clearing your energy field and healing core wounds that may stop you from progressing once later sessions begin.

Once a program has begun, I promote a commitment of 8 sessions that can take place weekly, or fortnightly.

This time honours a full journey of identifying stagnant energy, healing, setting sacred intention and really deepening your inner knowing and energetic activations, and then integrating and closing our co-creation relationship in this stage.

Many clients choose to continue our relationship, to deepen their practice or to train in the techniques of this lineage of energy work, rongoa and romiromi.

# Your program includes:

- Session 1: 1½ hour sacred energy work session, to clear your field and any deep traumas that are ready to be released, transformed, or transmuted in order to do this work.
- Session 2: A session to design the best program and understand your key requirements, I begin to delve into how your energetic language works, and understand your deeper desires for our time together.
- After this we meet for  $1 1\frac{1}{2}$  hours sessions weekly, or fortnightly (in person, or online).
- Tasks to complete at home to help you connect with your inner temple and energetic language.
- Email contact between sessions available, if required.
- Unique guidance and connection to teachings and learnings that arise for you. These are different for each person.
- Click here to see pricing.

## I firmly believe:

- You are a sovereign creator and possess infinite wisdom within your body temple.
- It is a universal desire to discover and utilise our inner wisdom. However, much like building a muscle at the gym, it takes training and practice.
- You are a creative, resourceful human being and will communicate when things require adjusting for your needs.
- You are motivated to create positive change in your life and to use these sessions to implement inner knowing.
- If you decide you need outside resources other than our sessions, great we are in an eco-system of evolution! If you need assistance finding others, let me know! I may be able to suggest some resources for you.
- This time is an intimate and sacred process.

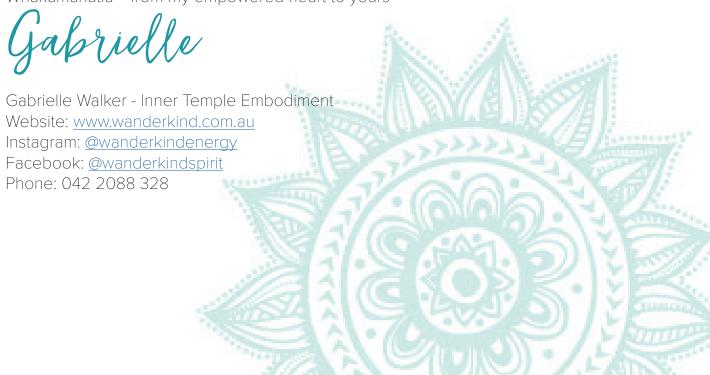


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Whakamanatia ~ from my empowered heart to yours





#### Praise for this work

"Gabrielle was amazing in guiding me on my path. She was able to hold space for me and work with my limiting beliefs and energy field in a way that I did not truly understand in words. Gabrielle was great in the way that she was able to meet me on the level that I was at and reaffirmed my life's purpose and the direction of my journey. I would recommend Gabrielle to anybody who has unanswered questions or that relentless gut feeling that there is something more to all of this life. I was able to see and feel my energy for the first time, thank-you." Zac Duggan, Peddle

"I feel shaken, I have tears welling and my heart is beating strongly. I am feeling deeply, full of love and immense gratitude for the work of our dear sister Gabrielle. The courage you have shown me through your truth and deep respect for our divine has not only changed my life, but the life of my family and the future path I will walk.

I feel alive, awakened, unhinged from the program of so-called living. With my feet firmly planted on our earth trusting in my life, my truth, my gold in our sisterhood of wild women. Thank-you for sharing your light so I could see more of me."

Jarna Saunders, Women's Empowerment Coach

"Working with Gabrielle has been a life changing experience for me. Through these sessions I have found a true connection to spirit that I have been unable to experience anywhere else. She is a truly gifted, caring, and committed light-worker who has facilitated a deepening of my understanding and faith in the divinity of nature and my role in this life. Most importantly she has helped me to see and feel with sincerity that I am never alone and will always be loved, even in my darkest moments. I highly recommend her work as a generous and sincere guide and healer whose presence in my life I shall always be grateful for." Timothy Smith, PhD Candidate

"Thank-you Gabrielle for your powerful heart activation session today where you guided me gently to connect with my spiritual guides and "earthed" some of the powerful guides I have with me. I am truly fascinated how we could feel similar energies at the same time. Thank-you for your beautiful work, I can only recommend a session with you in these powerful times with the eclipses and general cleansing so we can shine our light with strength and courage. Yes, I feel all the pieces coming together, as it is closure. Thanks for helping me to connect more to my spiritual side."

Monica Witsch, Holistic Wellness Practitioner