



MĀORI HEALING GLOSSARY

Raranga Kupu

This journal is for writing down your insights, feelings & reflecting before, during & after our calls & sessions ♡

Paranga Kupu

GLOSSARY

All the training undertaken through Wanderkind weaves with Te Reo
~ Māori language.

The following words will commonly be found & used in our trainings.

Aio / Io ~ Our divine creator, the point of precise creation - sometimes we pass before here to create / heal

Ahi Tapu ~ Sacred fires. These points are included on page 22

Ako Torowhānui ~ Māori Healing training, this also translates as "Holistic learning"

Atua ~ Godly energies, lightbeings, gods, vibrations of the elements

Aroha ~ Love

Anahera ~ Angels

Awhi ~ To enable, encourage, surround with love

E Kore ~ The nothingness, the void, the zone of manifestation

Haemata ~ External vital points

Haputanga ~ Pregnancy massage, pregnancy support

Hinemoana ~ The feminine energy of the ocean

Hinengaro ~ Thinking, mindset

Huritao Whaiaro ~ Self-reflection

Iwi ~ tribe, bones, a core identifier for Māori that helps us locate ourselves and our families

Kaitiaki ~ Guardians of different lands, heavens, places on the body. Not essentially good or bad.

Karakia ~ Prayer, blessing

Karaputuro ~ First thoughts

Kahuna ~ The Hawaiian equivalent of Tohunga (see below), teacher, shaman, mover of energy

Kaupare ~ Ancient korowai, or cloak that protects us as we do this sacred work

Kete ~ basket

Korekore / E Kore ~ The nothingness before Io

Kōrero ~ Talk, sharing, conversation

Kōrero MiriMiri ~ Loving talk, counselling, talk that is healing, also the name of the interview series Gabrielle does with experts

LomiLomi ~ Hawaiian massage practice

Raranga Kupu

GLOSSARY

All the training undertaken through Wanderkind weaves with Te Reo
~ Māori language.

The following words will commonly be found & used in our trainings.

Mahi-i-te-papa ~ Floor work

Mānawa ~ The physical heart, permission is given from this space. The first phase of listening within

Mareikura ~ Feminine light beings of the higher heavens

Matakite ~ Being able to navigate the various realms

Mātāmuri ~ The name given to my Tā moko, my 5th eye that looks backwards, so I can look forward

Matauranga ~ Knowledge

Maurea ~ The birth place of physical creation

Mauri ~ Life force, an energy unique to this lifetime

MiriMiri ~ The vibration of love, often seen as soft hands massage

Mōteatea ~ ancient chants that record and share our genealogy, so we can pass spiritual realms.

Opu Huli ~ Hawaiian Stomach massage practice

Pepeha ~ A traditional form of greeting and introducing oneself on marae or in Māori spaces where one shares their waka ~ canoe, maunga ~ mountain, iwi ~ tribe, hapu ~ sub-tribe and details of one's tīpuna ~ ancestry.



Wanderkind

BY GABRIELLE RANGIHOEA